

ZC 2026: Session: 3: COACH evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 07:15 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Maene Stefaan HEADCOACH

Coaches: Vandecandelaere Ann

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M BACKSTROKE MEN 11-12			Heat:4, starttime: 08:38
Heat: 4/10 Lane : 3 Athlete: DURAND JACK			Q-time: 01:37:10
PB (50m pool): 01:37.10 Brugge 01/02/2026			PB (25m pool): 01:40.98 SB: 01:37.10 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:48.86	01:37.10	
	00:48.86	00:48.24	
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN 13-14			Heat:3, starttime: 08:59
Heat: 3/6 Lane : 4 Athlete: MICHELS LOUIS			Q-time: 00:45:20
PB (50m pool): 00:45.20 Lago Kortrijk Weide 03/05/2026			PB (25m pool): 00:42.92 SB: 00:45.20 Lago Kortrijk Weide 03/05/2026
	5 0 M		
PB	00:45.20		
	00:45.20		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN 13-14			Heat:6, starttime: 09:03
Heat: 6/6 Lane : 5 Athlete: CALLEWAERT EBEN			Q-time: 00:38:39
PB (50m pool): 00:38.39 Brugge 01/02/2026			PB (25m pool): 00:39.41 SB: 00:38.39 Brugge 01/02/2026
	5 0 M		
PB	00:38.39		
	00:38.39		
			

Coach feedback:

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Event number: 21: 200M FREESTYLE WOMEN 13-14					Heat:6, starttime: 09:23
Heat: 6/14 Lane : 3 Athlete: BEAUPREZ ELOISE					Q-time: 02:47:96
PB (50m pool): no time					PB (25m pool): 02:47.96 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 13-14					Heat:11, starttime: 09:39
Heat: 11/14 Lane : 1 Athlete: VINTER LOUISE					Q-time: 02:39:54
PB (50m pool): no time					PB (25m pool): 02:39.54 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11-12					Heat:3, starttime: 10:12
Heat: 3/12 Lane : 8 Athlete: POSTOLACHI MARIE-LOU					Q-time: 01:33:98
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11-12					Heat:7, starttime: 10:19
Heat: 7/12 Lane : 3 Athlete: DEVOLDER ALICE					Q-time: 01:22:25
PB (50m pool): 01:22.25 Luxembourg 26/04/2026					PB (25m pool): 01:28.21 SB: 01:22.25 Luxembourg 26/04/2026
	5 0 M	1 0 0 M			
PB	00:39.71	01:22.25			
	00:39.71	00:42.54			
					

Coach feedback:

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Event number: 23: 100M FREESTYLE WOMEN 11-12				Heat:9, starttime: 10:23	
Heat: 9/12 Lane : 2 Athlete: VAN TIEGHEM SUZAN				Q-time: 01:19:99	
PB (50m pool): 01:19.99 Antwerpen 15/03/2026				PB (25m pool): 01:18.17 SB: 01:19.99 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M			
PB	00:38.13	01:19.99			
	00:38.13	00:41.86			
					

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN 11-12				Heat:11, starttime: 10:27	
Heat: 11/12 Lane : 7 Athlete: LOCCUFIER FLEUR				Q-time: 01:17:69	
PB (50m pool): 01:17.69 Brugge 01/02/2026				PB (25m pool): 01:15.23 SB: 01:17.69 Brugge 01/02/2026	
	5 0 M	1 0 0 M			
PB	00:37.48	01:17.69			
	00:37.48	00:40.21			
					

Coach feedback:

Event number: 24: 100M BREASTSTROKE MEN 11-12				Heat:8, starttime: 10:48	
Heat: 8/11 Lane : 8 Athlete: DURAND JACK				Q-time: 01:45:32	
PB (50m pool): 01:45.32 Antwerpen 15/03/2026				PB (25m pool): 01:46.63 SB: 01:45.32 Antwerpen 15/03/2026	
	5 0 M	1 0 0 M			
PB	00:50.07	01:45.32			
	00:50.07	00:55.25			
					

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 15+				Heat:5, starttime: 11:11	
Heat: 5/12 Lane : 8 Athlete: FILIMONOV VLADA				Q-time: 02:35:04	
PB (50m pool): 02:32.13 Antwerpen 14/07/2024				PB (25m pool): 02:33.49 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:32.13	
	no time				
					

Coach feedback:

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Event number: 26: 100M BACKSTROKE MEN 13-14			Heat:4, starttime: 11:43
Heat: 4/10 Lane : 8 Athlete: MICHELS LOUIS			Q-time: 01:27:91
PB (50m pool): 01:27.91 Brugge 01/02/2026			PB (25m pool): 01:28.71 SB: 01:27.91 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:43.72	01:27.91	
	00:43.72	00:44.19	
			

Coach feedback:

Event number: 26: 100M BACKSTROKE MEN 13-14			Heat:7, starttime: 11:50
Heat: 7/10 Lane : 3 Athlete: CALLEWAERT EBEN			Q-time: 01:21:10
PB (50m pool): 01:21.10 Antwerpen 15/03/2026			PB (25m pool): 01:18.43 SB: 01:21.10 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.59	01:21.10	
	00:39.59	00:41.51	
			

Coach feedback:

Event number: 27: 50M FREESTYLE WOMEN 13-14			Heat:11, starttime: 12:11
Heat: 11/12 Lane : 4 Athlete: VINTER LOUISE			Q-time: 00:32:00
PB (50m pool): 00:32.00 Luxembourg 26/04/2026			PB (25m pool): no time SB: 00:32.00 Luxembourg 26/04/2026
	5 0 M		
PB	00:32.00		
	00:32.00		
			

Coach feedback: